



ESGO Traveling Fellowship Fellows Report

Name of Fellow: Mikkel Rosendahl
Position at Home Institution: Fellow
Home Institution (full address): Department of Gynecology, Copenhagen University hospital, Rigshospitalet. Blegdamsvej 9; DK-2100 KBH
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Head of the Department: Lene Lundvall
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Name of Mentor at Host Institution: **Dr. Philipp Harter**
Position at Host Institution: Clinic Director
Institution (full address): Department of Gynecology and GyneOncology, Kliniken Essen Mitte, Evang. HuysSENS-Stiftung Henricistr. 92, 45136 Essen (Huttrop)
Email: P.Harter@kliniken-essen-mitte.de>

Dates of Fellowship: **1.2.2017-30.4.2017**

Detailed description on Teaching received:

During my stay at the Kliniken Essen Mitte, I have received extensive teaching regarding current chemotherapeutic and biological agents for the treatment of gynecological malignancies. In addition, being every day in the operating theater, I have repeatedly seen the systematic approach applied for the open surgical treatment of advanced ovarian cancer.

Goals accomplished :

My main goal was to master the systematic method used in ovarian cancer surgery. Not having performed as much individual surgery as I could have hoped, I have seen it done and assisted to surgery many times. I have had the opportunity to perform the surgery myself a few times with the supervision of senior consultants. Getting the tissue in your own hands makes it a lot

more easy to comprehend. No doubt I need to practice but seeing and doing the surgery here are the solid base for my further surgical training.

My second goal was to encounter how a different culture addresses the same situations as we encounter in Denmark. Despite the short distance to Copenhagen (750km), culture can be very different. Both between healthcare professionals and patients and between colleagues. This had been enriching to see. Further, what role each person plays in the operating theater also differs from country to country – or just from department to department.

It has been interesting to learn how responsibility is distributed, and who does what. It has provided me with many ideas which may be applicable in my 'home' department.

Achievement in clinical practice:

Certainly, the major achievement is learning the systematic approach to ovarian cancer. I am confident it can both reduce blood loss and increase survival rates. I am looking forward to applying it.

Presentations eg. at seminar or meetings:

I have given a clinical lecture for the colleagues on Fertility Preservation

Research performed and outcome:

With Dr. Harter, I have started a common paper based on the Kliniken Essen Mitte patient's database. The paper will be submitted to a peer-reviewed Gyne-Oncologic journal.

Publications:

One under preparation – see above.

Problems encountered with a critical evaluation of the fellowship experience as a whole:

My only problem has been my shortcomings with the German language. No doubt, I could have participated more actively in the daily care for the patients if I had the ability to speak it fluently. However, this was foreseen and with the other goals fulfilled, my stay has been very fruitful.

Future plan on returning to home:

To apply what I have learned in surgery to own patients.

Overall evaluation and comment of the fellowship:

You always bring something home with you after travel. I have learned a lot in surgery and a lot about chemotherapy. I have also been assured that a lot of the things we do 'at home' are of the highest standards. Only a never ending exchange of ideas, opinions and experiences will push us forward and improve the standards and the care for our patients.

In Essen, Germany

Date: 30.4.2017

Applicant's name MIKKEL ROSENDAHL

Signature:

A handwritten signature in blue ink, appearing to read 'Mikkel Rosendahl', written over the 'Signature:' label.

Enjoy learning with ESGO!