

ESGO Traveling Fellowship Fellows Report

Name of Fellow: Rosa Montero Macías

Position at Home Institution: ESGO Trainee in Gynaecological Oncology Home Institution (full address): European Hospital Georges Pompidou.

20, rue Leblanc 75908 Paris Cedex 15 France

Head of the Department: Fabrice Lecuru

Email: rosaomsi@hotmail.com

Name of Mentor at Host Institution: Christina Fotopoulou

Position at Host Institution: Observer

Institution (full address): Queen Charlottes & Chelsea Hospital and Hammersmith

Hospital. 72 Du Cane Rd, London. UK.

Email: chfotopoulou@gmail.com

Dates of Fellowship: January - March 2020

Detailed description on Teaching received:

My fellowship at Hammersmith hospital with Professor Fotopoulou team has been very comprehensive and interesting. Every morning we went to the ward to visit post-surgical patients. Mondays and Fridays we attended clinics in the morning and we went to the MDT (Multidisciplinary team) meeting in the afternoon. Tuesdays, Wednesdays and Thursdays I assisted in surgeries with all Gyn Onc team, especially with Prof. Fotopoulou. I assisted endometrial, vulvar and cervical cancer surgeries, but most of the time radical debulking ovarian surgeries with Prof Fotopoulou. I was lucky to observe and assist complex primary and interval debulking surgeries. It was very interesting to observe many bowel resections and upper abdominal surgeries. In clinics, I have had the opportunity to work with and observe with the Gyn Onc team, mainly Prof. Fotopoulou. I had similar opportunities for collaboration and observation with the Clinical and Medical oncology team in Hammersmith Hospital and with Prof Seckl in Charing Cross Hospital, who is specialized in germ cell tumours and

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trophoblastic disease.

Goals accomplished:

- -Understanding the way of working and the health system in a foreign country.
- -Working at a gynecology oncology reference center in UK.
- -Learning new surgical techniques, mainly in ultra-radical debulking for ovarian cancer.
- -Understanding the organization of the MDT meeting in Hammersmith Hospital.
- -Networking with colleagues in UK.

Achievement in clinical practice:

My fellowship in Hammersmith Hospital has given me tools and ideas to improve my clinical practice in the future. In the surgeries, I have learned new techniques and I could see using instruments that I had not used previously. In clinics and in the ward, I have greatly admired the great skills in "communication and relationship with patients" with staff in the UK. The MDT meeting was very well organized. So I hope I can apply these good practices in my future practice.

Presentations eg. at seminar or meetings:

I attended the meeting with surgical and ward team on Mondays and the MDT meeting with surgeons, radiologist, medical and clinical oncologist on Fridays.

Research performed and outcome:

none

Publications:

We have a future project to write some publications with Prof Fotopoulou in cooperation with Prof Lecuru in Paris.

Problems encountered with a critical evaluation of the fellowship experience as a whole:

none

Future plan on returning to home:

I would like to continue working in the field of gynecologic oncology in the future, mainly in surgery. I would also like to keep in touch with the Hammersmith Hospital team for future research collaborations and possible publications together.

Overall evaluation and comment of the fellowship:

My fellowship in Hammersmith Hospital has been a wonderful personal and professional experience. I am lucky to have worked with high-level surgeons like Prof Fotopoulou and her team. I want to thank all Gyn Onc team in Hammersmith and Charing Cross hospital for their welcome and cooperation during my fellow. I also want to thank ESGO for the possibility of giving me this grant, which is of great importance for the mobility of young surgeons between different European countries. I believe that my experience in different countries such as Spain, France and the UK can give me a global vision of management of cancer surgery in Europe and improve my future work like Gynecologist oncologist.

In London Date 20/4/2020

Applicant's name ROSA MONTERO MACÍAS

Signature:

Enjoy learning with ESGO!